

Yankton Buck Basketball



Offensive Philosophy: Fundamentals are a must. No offense will work without the proper execution of fundamentals (see Yankton Buck Basketball Program Fundamentals.) Our goal is to teach our players how to play the game and let them have freedom to go make plays. We want to get a great shot through proper execution every time we have possession of the basketball. We always want to play inside out and put pressure on our opponent's basket. Attacking the paint by getting post touches, dribble penetration, cuts, screens and offensive rebounds will allow us to shoot a high percentage, get to the free throw line and get into the bonus. Executing our 10 main offensive principals will allow us to get great shots no matter what offense we are running and no matter what defense we are attacking.

Offensive Principals

1. **Transition:** Attack the basket! Always throw the ball ahead if a teammate is open. First post sprints to the front of the rim. Center the basketball and get wings on each side of the floor. See who can throw the ball into the post.
2. **Roles:** Everyone brings something to the table. Everyone needs to find and embrace their role on the offensive end. Whether it is a playmaker, scorer, shooter, slasher, screener, combination of one or all these roles. Understanding and executing our roles is mandatory to effective offensive play.
3. **Spacing:** Offense is spacing. Spacing is offense.
4. **Ball Movement-Player Movement-Ball Reversals:** Get to the 3rd and 4th side of the floor. Get the defense moving, make the defense guard. Shooting percentages skyrocket when the ball is reversed multiple times. Pass the ball to the open man.
5. **Recognition:** What are we in-what are they in? Take what the defense gives us-how are we being guarded-do we have mismatches. We must be able to recognize what the defense is in and immediately be organized and attacking.
6. **Attack:** Attack the basket with great tempo and pace. Be quick but don't hurry. We want to play as fast as we can while still executing our fundamentals properly. Getting open with or without the ball requires constant change of speed and direction.
7. **Shot Selection:** We want to get the shot "WE" want, not an "I" shot or a shot the opponent dictates. Our offense is not equal. We all need to understand the shots we want being taken by each player-and not taken! Attacking the paint will create open shots!
8. **Time & Score:** Know the game situation and execute accordingly. There comes a time in the game we want a shot that we CANT'T miss not a shot that we can make. The correct player or players need the ball in the correct situations. We all must know who and when this is, especially when closing out a game.
9. **Possessions/Shots:** We want more possessions/shots at the basket than our opponents. Offensively to accomplish this we need to take care of the basketball, get shots and get offensive rebounds on our missed shots. We want to make more free throws than our opponents attempt.
10. **Chemistry:** Five guys on the same page playing together is the hardest thing in basketball to defend. It is amazing what can be accomplished when no one cares who gets the credit.

*"IT IS AMAZING WHAT CAN BE ACCOMPLISHED WHEN NO ONE CARES WHO GETS THE CREDIT."
-DON MEYER NSU WOLVES BASKETBALL*