

Yankton Buck Basketball

2021-2022



13-11 Overall

12-8 Regular Season

8th Place State Tournament

5-3 ESD 2nd Place









Yankton Bucks

Varsity Basketball 2021-22

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Schedule

Date	Opponent(s)	Result	Earned Seed Points	Opponent W-L	Ception	Location
12/14/21	vs Sioux Falls Washington	W 66-53	47	13-7		Yankton High School
12/17/21	@ Sioux Falls Lincoln	L 44-61	36	11-9		Sioux Falls Lincoln High School
12/21/21	vs Aberdeen Central	W 74-43	47	12-8		Yankton High School
12/28/21	vs Campbell County WY	W 79-51	41	3-17	Hoop City Classic	Corn Palace
1/4/22	vs Huron	W 70-49	44	6-14		Yankton High School
1/7/22	@ Mitchell	L 55-62	36	13-7	Double Header	Corn Palace
1/11/22	vs Harrisburg	W 46-45	47	13-7	Double Header	Yankton High School
1/13/22	vs Watertown	L 46-48	33	6-14		Yankton High School
1/15/22	vs O'Gorman	L 45-50	39	18-2	Double Header JV/FR @ 1:00; SO @ 2:15	Yankton High School
1/18/22	vs Sioux Falls Jefferson	L 61-66	36	12-8		Yankton High School
1/21/22	@ Sioux Falls Roosevelt	L 42-73	39	20-0	JV-3:30PM, Sophomore- 5:00PM, 9A- 4:00PM (Aux Gym), 9B- 5:30PM (Aux Gym)	Roosevelt High School
1/27/22	@ Brandon Valley	W 52-40	47	10-10	JV/FR @ 4:00; SO @ 5:30	Brandon Valley High School
1/29/22	@ Douglas	W 88-54	41	4-15	9A 2:00 / JV 3:30 / 9B 5:00	Douglas High School
2/4/22	@ Pierre T.F. Riggs	L 55-61	33	9-11		T.F. Riggs High School
2/11/22	vs Rapid City Stevens	W 59-46	47	10-10	Double header	Yankton High School
2/12/22	vs Rapid City Central	W 59-39	41	4-16	Double Header	Yankton High School
2/17/22	vs Tea Area	L 53-55	34	14-6	Double Header	Yankton High School
2/22/22	@ Brookings	W 51-34	41	1-18		Brookings High School
2/25/22	@ Spearfish	W 93-57	44	8-12		Spearfish High School
2/26/22	@ Sturgis Brown	W 69-34	44	6-14	C - 10 AM; JV - 11:30 AM; 9th - 1:00 PM	Sturgis Brown High School
3/5/22	vs Aberdeen Central	W 47-44		12-8	Class AA - SoDak 16	Central High School
3/17/22	vs Sioux Falls Roosevelt	L 49-57		20-0	Class AA - State Quarterfinal	Denny Sanford PREMIER Center
3/18/22	vs Mitchell	L 56-66		13-7	Class AA - State Consolation Semifinal	Denny Sanford PREMIER Center
3/19/22	vs Sioux Falls Jefferson	L 32-54		12-8	Class AA - State Seventh Place	Denny Sanford PREMIER Center

Seed Point Average for Yankton: 40.850



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Yankton Bucks

E VARSITY **sketball 2021-22**

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Roster

#	Name	Year	Position	Height
1	Landon Potts	SO	G	5'10"
2	Drew Ryken	JR	G	5'10"
3	Mac Ryken	JR	G	5'10"
4	Rugby Ryken	JR	G	6'0"
5	Tucker Gilmore	SO	F	6'2"
10	Joshua Sheldon	JR	F	6'0"
11	Dylan Prouty	SR	G	6'0"
14	Cody Oswald	JR	F	6'3"
15	Isaiah Schelhaas	JR	F	6'1"
21	Evan Ness	JR	F	6'0"
22	Cooper Grotenhuis	JR	G	5'10"
23	Jaden Kral	SR	F	6'5"
24	Tyson Prouty	SO	F	6'0"
33	Michael Mors	JR	F	6'5"
45	Colton Potts	SR	C	6'4"




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Yankton Bucks

JUNIOR VARSITY Basketball 2021-22

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Roster

#	Name	Year	Position	Height
1	Landon Potts	SO	G	5'10"
2	Drew Ryken	JR	G	5'10"
3	Mac Ryken	JR	G	5'10"
5	Tucker Gilmore	SO	F	6'2"
10	Joshua Sheldon	JR	F	6'0"
14	Cody Oswald	JR	F	6'3"
15	Isaiah Schelhaas	JR	F	6'1"
21	Evan Ness	JR	F	6'0"
22	Cooper Grotenhuis	JR	G	5'10"
24	Tyson Prouty	SO	F	6'0"
33	Michael Mors	JR	F	6'5"

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E SOPHOMORE **etball 2021-22**

[Sophomore](#) [Schedule](#) [Roster](#) [Staff](#) [Stats](#) [Power Index](#) [Past](#) [Store](#) [Tickets](#)

Roster

#	Name	Year	Position	Height
1	Landon Potts	SO	G	5'10"
5	Tucker Gilmore	SO	F	6'2"
12	Evan Serck	FR	G	5'5"
24	Tyson Prouty	SO	F	6'0"
25	Macon Grotenhuis	FR	G	5'5"
30	Carson Ness	FR	G	5'11"
31	Bryce Kral	FR	F	5'11"
34	Easton Nelson	FR	F	5'11"
40	Kael Garry	FR	G	5'11"
43	Matthew Sheldon	FR	F	6'0"



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DISCOVER HOW



Yankton Bucks

FRESHMAN Basketball 2021-22

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Roster

#	Name	Year	Position	Height
1	Macon Grotenhuis	FR	G	5'5"
2	Carson Ness	FR	G	5'11"
5	Abram Chance	FR	G	5'4"
11	Evan Serck	FR	G	5'5"
13	Nathan Bohm	FR	G	5'5"
22	Bryce Kral	FR	G/F	5'11"
23	Cohen Zehrbock	FR	G	6'1"
24	Kael Garry	FR	G	5'11"
30	Kaden Hughes	FR	G	5'11"
31	Trey Sager	FR	F	5'11"
33	Easton Nelson	FR	G	5'11"
34	Nathan Pietila	FR	F	5'10"
35	Matthew Sheldon	FR	F	6'0"
40	Micah Maska	FR	G/F	5'8"
42	Owen Wishon	FR	G/F	6'1"
44	Mitchel Zimmerman	FR	F	6'0"

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B VARSITY Basketball 2021-22

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Coaching Staff

Position	Name
Head Coach	Chris Haynes
Assistant Coach	Jason Savey
Assistant Coach	Matt Decker
Assistant Coach	Sawyer Schmitz
Assistant Coach	Brady Hale

Staff

Position	Name
Superintendent	Dr. Wayne Kindle
Principal	Todd Dvoracek
Athletic Trainer	Trevor Woods
Manager	Wyatt Holmstrom
Manager	Miles Krajewski
Athletic Director	Ryan Mors

Cheer

Position	Name
Coach	Marisa Stephens
Coach	Hannah Zimmerman
Cheerleader	Bucky
Cheerleader	Alivia Arens
Cheerleader	Shelby Bertsch
Cheerleader	Allie Bose
Cheerleader	Aliya Fluke
Cheerleader	Shae Hanson
Cheerleader	Hannah Jussell
Cheerleader	Milena Nedved
Cheerleader	Ellie Novak
Cheerleader	Maggie Poeschl
Cheerleader	Selena Preston
Cheerleader	Katie Schulte
Cheerleader	Lauren Tereshinski
Cheerleader	Hayley Van Essen
Cheerleader	Izzy Wintz
Cheerleader	Madi Wintz


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Yankton Bucks Basketball



Philosophy: Basketball is a tremendous learning experience that teaches young people valuable life lessons. Our basketball program is based on a simple philosophy: **all players** in the program will be members of a **successful** team and program with the goal of making them better young men. “**Success** is peace of mind which is a direct result of self satisfaction in knowing you made the effort to become the best of which you are capable.” John Wooden

**WINNING IS A BY-PRODUCT OF THE PROGRAM
AIM FOR GOALS HIGHER THAN 10 FEET**

YANKTON BUCKS BASKETBALL

2021-2022

TEAM/INDIVIDUAL GOAL SHEET

OVERALL TEAM GOALS

Become A Better Person
 Represent Program Positively
 Become A Successful Team
 Be Positive Examples For Young Bucks
 Develop Team Offense/Defense

OFF-SEASON TEAM GOALS

Develop A True Team Commitment
 Develop Chemistry/Friendships
 Bigger-Stronger-Faster
 Skill Development

IN-SEASON TEAM GOALS

State Semi-Finals
 Make State Tournament
 ESD-Top 3 Chance To Win
 Host Round Of 16
 Win 13 plus regular season games
 Win 15 plus total games

OVERALL INDIVIDUAL

- 1.
- 2.
- 3.

IN-SEASON TEAM

- 1.
- 2.
- 3.

IN-SEASON INDIVIDUAL

- 1.
- 2.
- 3.

***WE MUST ACT LIKE CHAMPIONS EVERYDAY IF
 WE WISH TO BE CHAMPIONS SOMEDAY.***

WINNING IS A BY-PRODUCT OF THE PROGRAM

AIM FOR GOALS HIGHER THAN 10 FEET

Make Today Our Masterpiece

Use time prudently-each day, each hour, each minute!

Winning each and every day is how we reach our ultimate goal of being successful. ONE DAY AT A TIME!

1. **Attitude:** Have a great one every day. We are all either giving energy or taking it away. A team full of great attitudes has a great chance to be successful.
2. **Activity:** To produce real results activity must be organized and executed meticulously!
 - a. Failing to prepare is preparing to fail. How we practice is how we play. We all have the same amount of time, what we do with that time determines our level of success.
 - B. Don't mistake activity for achievement. Organization and preparation are vital keys to success. We must understand that our activity must be organized and executed meticulously otherwise it is just like a bunch of children running around on a playground, lots of activity but no achievement. To us activity must produce real results.
3. **Effort:** Give your best at everything you do on a daily basis.
 - a. Give 100% effort. You can't make up for a poor effort today by giving 110% tomorrow. You don't have 110%. You only have 100%, and that is what we want right now.

The beauty is we control these things. Have a great attitude. Be organized and prepared. Give your best effort. Do these things throughout the day in everything we do and we will have made the day our Masterpiece!

Making each and every day our Masterpiece will lead to **continuous growth**. **Continuous growth** throughout the season will allow us to **be at our best when our best is called upon in the post season**.

Making each day your Masterpiece is fun! In order to appreciate true joy and fun one must accomplish something truly difficult and worthwhile. Anything worthwhile in life is hard. It should be hard otherwise everyone would do it. It is also best when accomplishing something with those you love. This is why we define fun as everyone working together, as hard as they can, with a positive attitude to achieve a common goal. That is fun!

T-Together

E-Everyone

A-Achieves

M-More



OUR GOLDEN LIST

**OUR GOLDEN LIST: PLAYERS WHO STARTED PLAYING AS FRESHMAN AND FINISHED THROUGH THEIR SENIOR YEAR
WITH THE BUCKS**

2012-2013: Michael Rucker, Andrew Hummel, Kellen Soulek, Sam Wendte, Zach Benjamin

2013-2014: JJ Hejna, Ryan Olson, Lane Sawatzke, Mitch Gullikson, Chipper Granflatten

2014-2015: Brady Hale, Evan Greeneway, Matt Fitzgerald, Austin Johnson, Sam Bisgard, Luke Rockne

2015-2016: Reid Sawatzke, Tanner Frick, Bradey Sorenson, Blake Savey, Keenan LaCroix, Syd Boots

2016-2017: Nate Stephenson, Justin Leader

2017-2018: Jack Wolfgram, Casey Krejci, Cameron Krejci, Ben Jurrens

2018-2019: Rex Ryken, Owen Feser, Miles Carda, Cole Sawatzke, Kierren Luellman, Justin Cap

2019-2020: Cooper Cornemann, Hunter Kotrous, Dylan Horn

2020-2021: Matthew Mors, Trevor Fitzgerald, Aidan Feser, Kaden Luellman

2021-2022: Jaden Kral, Dylan Prouty, Colton Potts

YHS BASKETBALL FAMILY: IT IS MORE THAN JUST A GAME

YHS Basketball. It is more than just a game. Hate when people tell us don't take it so seriously "it is just a game." It is not just a game!

Basketball is a way of life to us; our program is family. We use basketball to teach life lessons to the kids we love. It is teaching kids we love that caring about something more than yourself and working for something greater than yourself is a great thing. It is teaching them that working hard is very rewarding and anything worthwhile in this life will take hard work to attain. Learning things like responsibility, accountability, communication, humility and maturity just to name a few. These are things that we develop on a daily basis through the game of basketball. Because if you don't have these things you don't win games. If you don't have people of high character you will not be successful. The kids on this list all have demonstrated that they have high character because that is what it takes to make it through our basketball program for all four years of high school. It is very competitive. There are around 400-450 boys walking the halls of YHS every year and only a handful make it to their senior year being a Buck basketball player.

We love coaching in Yankton because we get to start a relationship with our players when they come to camp as 1st graders. We get to see them go from children to boys to men. This list means the world to us. These are our guys! Guys that we cared deeply about when they played for us and still care about today. We hope with all our hearts for the best for each and every one of them as they move forward in life. These kids are why we coach. These kids are why basketball is more than just a game to us. These kids are why basketball is a way of life for us.

2021-2022 Season Highlights

The Bucks started the season off with a big victory over preseason number 2 Sioux Falls Washington at home by the score of 66-53. Jaden Kral was our leading scorer with 18 points followed by Rugby Ryken and Dylan Prouty both with 12.

After dropping our first game of the year at Sioux Falls Lincoln we had one more scheduled game before Christmas break, a home match up versus ESD favorite and preseason number 3 Aberdeen. We played one of our most complete games of the season and defeated the Golden Eagles 74-43 here in Yankton. We were once again led in scoring by Jaden Kral with 19 points followed by Rugby Ryken with 17 and Drew Ryken with 16.

The Bucks were invited to play in the Hoop City Classic for the fifth consecutive year. In a rematch of last season the Bucks were once again matched up with Campbell County, a high school located in Gillette, Wyoming. The Bucks played another complete game in the Corn Palace and were able to defeat the Camels by the score of 79-51. The Bucks were led in scoring by Cody Oswald with 17 and Jaden Kral with 16. Counting this game the Bucks final record over 5 years in the Hoop City Classic finished at 7-2 with wins over Mitchell, Dominican WI, DeLaSalle MN, Lynn English MA & the two Gillette, (Campbell County & Thunder Basin) WY Schools, while falling to DeLaSalle and Houston-Memphis TN.

We finished off the 2021 part of the season with a record of 3-1 and a couple of impressive victories. We started off the 2022 part of our schedule at home versus Huron. After a high scoring first half by both teams the Buck's defense showed up in the second half and propelled us to a 70-49 victory. Once again the Bucks had a balanced attack led by Jaden Kral's 23 points, Cody Oswald adding 13 and Rugby Ryken rounding out double digit scorers with 10.

Our next win was our most dramatic. We were originally scheduled to open up the season by hosting the Harrisburg Tigers but bad weather postponed that game until January 11th. The game turned into a defensive battle and the Bucks found themselves down 2 with just over 3 seconds to play and having to go the length of the floor. Drew Ryken threw a great pass to Jaden Kral across half court, Jaden took a couple dribbles and hit a step back 3 pointer off the glass at the buzzer to win the game 46-45. The win moved the Bucks to 5-2 on the season. Jaden led the Bucks in scoring with 14 points followed by Rugby Ryken with 11.

Following our dramatic win over Harrisburg we found ourselves in a slump losing our next 4 games to Watertown, Sioux Falls O'Gorman, Sioux Falls Jefferson and Sioux Falls Roosevelt. Even though we lost 4 in a row at times we did play well but were not able to pull out any victories. That finally changed on January 27th when we went to Brandon Valley and defeated a solid Lynx team by the score of 52-40. Leading the Bucks were Mac Ryken with 17 points and Drew Ryken with 12. Two days later we took the long trip across the state and defeated Douglas 88-54. Leading us was Jaden Kral with 19 points, Cody Oswald with 15, Drew Ryken with 14 and Rugby Ryken with 13.

After a tough road trip to Pierre we were set to face the Rapid City schools in a weekend home stand. We played great on Friday night and defeated a talented Stevens team 59-46. Jaden Kral and Cody Oswald led a balanced scoring attack with 11 and 10 points. The next afternoon we defeated a banged up Cobblers team 59-39. Jaden Kral led us with 16 points followed by Drew Ryken with 14 and Michael Mors with 12.

We finished off our home schedule by losing a tough game to a very talented Tea team by the score of 53-55. We bounced back from the tough loss by winning our last ESD game of the season at Brookings by the score of 51-34. Rugby Ryken scored 14, Dylan Prouty 11 and Jaden Kral 10 in the victory. We finished our ESD season with a 5-3 overall record which was tied for 2nd behind the Mitchell Kernels.

The last weekend of the regular season found us heading west once again, this time for a Friday night game at Spearfish followed by a Saturday afternoon contest at Sturgis. We started off the weekend by making history. Friday night in Spearfish we scored 93 points which was a new single game scoring record for our program. The 93 points was one point more than the 92 points scored by the Yankton team of 1974.

We finished the regular season with a record of 12-8 and the overall #9 seed which landed us just outside of hosting a SoDak 16 playoff game. We were set to travel to #8 seed Aberdeen. In a hard fought back and forth game the Bucks were able to get a couple key baskets, free throws and defensive stops down the stretch to pull out the 47-44 victory and punch our ticket to the state tournament.

In the first round of the state tournament we faced undefeated and number 1 ranked Sioux Falls Roosevelt. The Bucks led the Rough Riders 14-11 after the first quarter but struggled in the second quarter and found ourselves down 32-20 at halftime. We outscored Roosevelt 13-9 in the third quarter to cut the lead down to 8 entering the fourth quarter. The Bucks kept battling back and had the Rough Rider lead down to 3 with about 3:00 minutes to go but that is as close as we would get to pulling off the upset. We didn't quite make enough shots or get enough defensive stops down the stretch and we ended up falling 49-57. The Bucks played hard the following two afternoons but it just was not our weekend this time around as we dropped Friday's game to Mitchell and Saturday's game to Sioux Falls Jefferson.

ESD Final Standings

1. Mitchell: 7-1
2. YANKTON: 5-3
2. Harrisburg: 5-3
2. Brandon Valley: 5-3
2. Aberdeen: 5-3
6. Pierre: 4-4
7. Watertown: 3-5
8. Huron: 1-7
8. Brookings: 1-7

2021-2022 State Tournament

1. Sioux Falls Roosevelt
2. Bishop O'Gorman
3. Sioux Falls Washington
4. Harrisburg
5. Sioux Falls Lincoln
6. Mitchell
7. Sioux Falls Jefferson
8. YANKTON

2021-2022 Buck Basketball Awards

Letter Winners* Denotes How Many Letters a Player Has Received

Seniors: Jaden Kral*** Dylan Prouty** Colton Potts**

Juniors: Rugby Ryken*** Michael Mors*** Mac Ryken** Drew Ryken** Cody Oswald** Cooper Grotenhuis*
Isaiah Schelhaas*

Captains:

Jaden Kral, Dylan Prouty & Rugby Ryken

Stat Awards

Leading Scorer: Jaden Kral 275 Points-11.5 PPG (626 Career Total-22nd all-time YHS History)

Leading Rebounder: Jaden Kral 121 Rebounds 5.0 RPG

Leading Assists: Rugby Ryken 111 Assists 4.6 APG

Leading Steals: Mac Ryken 52 Steals 2.2 SPG

Leading FG %: (minimum 50 attempts): Cody Oswald 56-102 55%

Leading 3 Point %: (minimum 20 attempts): Drew Ryken 50-112 45%

Leading FT %: (minimum 25 attempts): Drew Ryken 25-28 89%

Team Awards: Varsity

Most Valuable Player: Rugby Ryken

Best Defensive Player: Mac Ryken

Best Offensive Player: Jaden Kral

Most Representative: Dylan Prouty

Most Improved: Cody Oswald & Drew Ryken

Hustle/Energy: Cooper Grotenhuis

Team Awards: Sophomore

Most Valuable Player: Landon Potts

Defensive MVP: Tucker Gilmore

Most Improved: Landon Potts

Team Awards: Freshman

Most Valuable Player: Matthew Sheldon

Defensive MVP: Carson Ness

Most Improved: Mac Grotenhuis

SDBBCA Academic All-State :

Dylan Prouty

ESD All-Conference:

Rugby Ryken

Jaden Kral (Honorable Mention)

State AA All-Tournament Team:

Rugby Ryken (2nd Time)

Friend of the Program:

Colby Kuchta

Yankton Buck Basketball Records

Team Records:

Most Points-Single Season: 1750-1974

Highest Average Per Game: 73.0-1974

Most Points-Single Game: 93-2022

Best FG%: 49.1%-1990-91, 1993-94

Best Freethrow %: 74.0-2019-2020

Most 3 Point Field Goals Attempted: 505-2018-19

Most 3 Point Field Goals Made: 188: 2018-19

Best 3 Point Field Goals %: 42.9%-1989-90

Best record: 23-1-1973-74

Individual Records:

Most points-game: Matthew Mors 48-2020-21

Most points-season: Matthew Mors 585-2017-2018

Highest scoring average single season: Matthew Mors 24.4 2017-2018

Most points-career: Matthew Mors 2707-2015-2021

Most rebounds-game: Chad Nelson 25-1974

Most rebounds-season: Chad Nelson 387-1973

Most rebounds-career: Chad Nelson 1197-1971-74

Most steals-game: Jason Nelson 9-1995

Most steals-season: Jason Nelson 65-1995

Most steals-career: Matthew Mors 219 2015-2021

Most assists-game: Mark Ryken 11-1990-91

Most assists-season: Mark Ryken 169-1990-91

Most assists-career: Matthew Mors 315-2015-2021

Block Shots Game: Matthew Mors 6-2021

Block Shots Season: Matthew Mors 46-2020-2021

Block Shots Career: Matthew Mors-159-2015-2021

Most 3's made-game: Tate Pesicka 9-2004-05

Most 3's made-season: Tate Pesicka 62-2004-05

Most 3's made-career: Matthew Mors 254-2015-2021

Best FT %-season: Steve Diekmann 86.9-1989-90

Best FT %-career: Steve Diekmann 82.1 (165-201)-1989-91

Best FG%-season: Colton Iverson 65.9-2006-2007

Yankton Buck Basketball Individual Career Scoring List

1. Matthew Mors: 2021-2707

2. Chad Nelson: 1974-1668
3. Tate Pesicka: 2006-1164
4. Colton Iverson: 2008-977
5. Jay Smith: 1986-949
6. Steve Diekmann: 1991-927
7. Bob Stransky: 1954-925
8. Dennis Lokken: 1965-857
9. Jason Nelson: 1995-850
10. Dan Dickes: 1976-842
11. Jerry Lawson: 1967-830
12. Steve Krier: 1976-815
13. Randy Gross: 1978-809

14. Brady Hale: 2015-770

15. Bill Whisler: 1958-766
16. Jay Sohler: 1982-738
17. Dennis Jones: 1970-719
18. Mark Haugland: 1974-708
19. Roger Smith: 1964-670
20. Tony Overbaugh: 1987-638

21. Cooper Cornemann: 2020-634

22. Jaden Kral: 2022-626

23. Pete Johnson: 1966-596

24. JJ Hejna: 2014-592

25. Scott Nedved: 1998-565
26. Lance Wipf: 1993-555
27. Jud Bertsch: 1989-551
28. Wes Holmgren: 1964-544

29. Rugby Ryken: 2023-539

30. Brad Gaulke: 1998-529

Stats Report

Yankton — 24 Games — 16 Athletes — Totals

Athletes		Four Factors							Shooting				Two Pointers			
#	Athletes	GP	eFG%	TO%	OREB%	DREB%	FTF	VPS	FGM	FGA	FG%	eFG%	2FGM	2FGA	2FG%	
33	Michael Mors	24	48.1%	10.4%	-	-	0.14	1.35	37	81	45.7%	48.1%	33	73	45.2%	
2	Drew Ryken	24	60.0%	10.5%	-	-	0.20	1.40	59	140	42.1%	60.0%	9	28	32.1%	
23	Jaden Kral	24	52.4%	13.8%	-	-	0.22	1.20	113	231	48.9%	52.4%	97	171	56.7%	
3	Mac Ryken	24	46.4%	14.2%	-	-	0.25	1.20	69	167	41.3%	46.4%	52	112	46.4%	
4	Rugby Ryken	24	40.2%	17.0%	-	-	0.24	1.17	101	280	36.1%	40.2%	78	178	43.8%	
11	Dylan Prouty	23	43.9%	6.5%	-	-	0.04	0.89	49	156	31.4%	43.9%	10	25	40.0%	
14	Cody Oswald	22	57.4%	17.2%	-	-	0.38	1.07	56	102	54.9%	57.4%	51	91	56.0%	
45	Colton Potts	19	40.9%	18.3%	-	-	0.25	0.96	18	44	40.9%	40.9%	18	40	45.0%	
15	Isaiah Schelhaas	15	39.6%	9.7%	-	-	0.33	1.49	9	24	37.5%	39.6%	8	20	40.0%	
22	Cooper Grotenhuis	12	50.0%	5.1%	-	-	0.06	0.61	8	18	44.4%	50.0%	6	10	60.0%	
10	Josh Sheldon	7	16.7%	12.6%	-	-	0.33	1.93	1	6	16.7%	16.7%	1	5	20.0%	
21	Evan Ness	5	0.0%	0.0%	-	-	0.00	0.63	0	4	0.0%	0.0%	0	2	0.0%	
1	Landon Potts	4	25.0%	25.0%	-	-	0.00	0.69	1	6	16.7%	25.0%	0	3	0.0%	
5	Tucker Gilmore	3	75.0%	20.0%	-	-	0.00	1.50	3	4	75.0%	75.0%	3	4	75.0%	
24	Tyson Prouty	2	50.0%	0.0%	-	-	0.00	2.00	1	2	50.0%	50.0%	1	2	50.0%	

Athletes		Three Pointers				Free Throws			Scoring					
#	Athletes	GP	3FGM	3FGA	3FG%	FTM	FTA	FT%	PF	PA	PPP	PPG	+/-	MINS
33	Michael Mors	24	4	8	50.0%	4	11	36.4%	82	-	-	3.4	+75	294
2	Drew Ryken	24	50	112	44.6%	25	28	89.3%	193	-	-	8.0	+152	484
23	Jaden Kral	24	16	60	26.7%	33	51	64.7%	275	-	-	11.5	+80	634
3	Mac Ryken	24	17	55	30.9%	28	42	66.7%	183	-	-	7.6	+92	628
4	Rugby Ryken	24	23	102	22.5%	41	67	61.2%	266	-	-	11.1	+85	707
11	Dylan Prouty	23	39	131	29.8%	3	6	50.0%	140	-	-	6.1	+87	483
14	Cody Oswald	22	5	11	45.5%	27	39	69.2%	144	-	-	6.5	+102	436
45	Colton Potts	19	0	4	0.0%	6	11	54.5%	42	-	-	2.2	+19	225
15	Isaiah Schelhaas	15	1	4	25.0%	5	8	62.5%	24	-	-	1.6	-13	85
22	Cooper Grotenhuis	12	2	8	25.0%	1	1	100.0%	19	-	-	1.6	+16	57
10	Josh Sheldon	7	0	1	0.0%	2	2	100.0%	4	-	-	0.6	-9	27
21	Evan Ness	5	0	2	0.0%	0	0	-	0	-	-	0.0	+2	12
1	Landon Potts	4	1	3	33.3%	0	0	-	3	-	-	0.8	-3	24
5	Tucker Gilmore	3	0	0	-	0	0	-	6	-	-	2.0	+2	15
24	Tyson Prouty	2	0	0	-	0	0	-	2	-	-	1.0	-2	5

Athletes		Advanced Scoring					Rebounding				Assists and Turnovers				
#	Athletes	GP	TP	PoT	SCP	PIP	OREB	OREB%	DREB	DREB%	REB	AST	TO	A/TO	TO%
33	Michael Mors	24	12	28	25	64	30	-	30	-	60	15	10	1.50	10.4%
2	Drew Ryken	24	34	47	21	16	16	-	44	-	60	23	18	1.28	10.5%
23	Jaden Kral	24	54	78	43	182	43	-	78	-	121	42	41	1.02	13.8%
3	Mac Ryken	24	39	52	18	90	11	-	35	-	46	48	31	1.55	14.2%
4	Rugby Ryken	24	37	58	25	138	24	-	119	-	143	111	64	1.73	17.0%
11	Dylan Prouty	23	21	34	9	10	4	-	36	-	40	16	11	1.45	6.5%
14	Cody Oswald	22	21	36	25	94	30	-	50	-	80	12	25	0.48	17.2%

15	Isaiah Schelhaas	15	2	10	2	12	4	-	10	-	14	5	3	1.67	9.7%
22	Cooper Grotenhuis	12	4	3	0	6	0	-	2	-	2	0	1	0.00	5.1%
10	Josh Sheldon	7	0	0	0	2	1	-	6	-	7	5	1	5.00	12.6%
21	Evan Ness	5	0	0	0	0	1	-	2	-	3	0	0	0	0.0%
1	Landon Potts	4	0	0	0	0	0	-	4	-	4	2	2	1.00	25.0%
5	Tucker Gilmore	3	2	0	0	6	1	-	0	-	1	1	1	1.00	20.0%
24	Tyson Prouty	2	0	2	0	2	0	-	2	-	2	0	0	0	0.0%

Athletes

Defense

#	Athletes	GP	DEFL	STL	BLK	FOUL	CHG
33	Michael Mors	24	14	10	0	16	3
2	Drew Ryken	24	18	15	0	20	4
23	Jaden Kral	24	34	29	13	69	2
3	Mac Ryken	24	35	52	5	55	9
4	Rugby Ryken	24	18	29	1	44	4
11	Dylan Prouty	23	13	17	0	19	0
14	Cody Oswald	22	11	13	0	55	4
45	Colton Potts	19	12	2	5	18	0
15	Isaiah Schelhaas	15	3	4	0	0	1
22	Cooper Grotenhuis	12	0	1	0	8	0
10	Josh Sheldon	7	1	3	0	1	0
21	Evan Ness	5	0	1	0	0	0
1	Landon Potts	4	2	0	0	1	0
5	Tucker Gilmore	3	0	0	0	1	0
24	Tyson Prouty	2	0	0	0	0	0

Stats Report

Yankton — 24 Games — All Athletes — Totals

Games		Four Factors						Shooting				Two Pointers		
Games	GP	eFG%	TO%	OREB%	DREB%	FTF	VPS	FGM	FGA	FG%	eFG%	2FGM	2FGA	2FG%
Overall	24	47.8%	13.7%	26.8%	69.3%	0.21	1.18	528	1,271	41.5%	47.8%	368	766	48.0%
By Period	GP	eFG%	TO%	OREB%	DREB%	FTF	VPS	FGM	FGA	FG%	eFG%	2FGM	2FGA	2FG%
1st	24	44.8%	15.9%	23.7%	72.7%	0.13	1.14	132	338	39.1%	44.8%	93	194	47.9%
2nd	24	44.0%	13.4%	30.0%	67.6%	0.23	1.14	124	327	37.9%	44.0%	84	201	41.8%
3rd	24	55.1%	14.5%	24.2%	63.7%	0.20	1.28	143	302	47.4%	55.1%	96	188	51.1%
4th	24	48.0%	10.6%	28.8%	73.1%	0.29	1.16	129	304	42.4%	48.0%	95	183	51.9%

Games		Three Pointers			Free Throws			Scoring					
Games	GP	3FGM	3FGA	3FG%	FTM	FTA	FT%	PF	PA	PPP	PPG	+/-	MINS
Overall	24	160	505	31.7%	175	266	65.8%	1,391	1,256	0.98	58.0	+ 135	827
By Period	GP	3FGM	3FGA	3FG%	FTM	FTA	FT%	PF	PA	PPP	PPG	+/-	MINS
1st	24	39	144	27.1%	35	44	79.5%	338	298	0.88	14.1	+ 40	209
2nd	24	40	126	31.7%	42	75	56.0%	330	291	0.93	13.8	+ 39	206
3rd	24	47	114	41.2%	41	60	68.3%	374	321	1.07	15.6	+ 53	212
4th	24	34	121	28.1%	57	87	65.5%	349	346	1.05	14.5	+ 3	203

Games		Advanced Scoring					Rebounding			Assists and Turnovers				
Games	GP	TP	PoT	SCP	PIP	OREB	OREB%	DREB	DREB%	REB	AST	TO	A/TO	TO%
Overall	24	234	352	176	654	200	26.8%	489	69.3%	689	284	221	1.29	13.7%
By Period	GP	TP	PoT	SCP	PIP	OREB	OREB%	DREB	DREB%	REB	AST	TO	A/TO	TO%
1st	24	62	88	56	166	47	23.7%	133	72.7%	180	65	68	0.96	15.9%
2nd	24	72	96	42	150	63	30.0%	127	67.6%	190	75	56	1.34	13.4%
3rd	24	62	94	38	166	37	24.2%	107	63.7%	144	79	56	1.41	14.5%
4th	24	38	74	40	172	53	28.8%	122	73.1%	175	65	41	1.59	10.6%

Games		Inbounds Efficiency						Defense					
Games	GP	SLOB	SLOB%	PPSLOB	BLOB	BLOB%	PPBLOB	DEFL	STL	BLK	FOUL	CHG	
Overall	24	79	49.4%	1.08	125	36.8%	0.76	161	176	24	307	27	
By Period	GP	SLOB	SLOB%	PPSLOB	BLOB	BLOB%	PPBLOB	DEFL	STL	BLK	FOUL	CHG	
1st	24	10	50.0%	1.00	38	26.3%	0.53	37	49	6	60	8	
2nd	24	20	35.0%	0.90	30	36.7%	0.87	39	42	7	72	12	
3rd	24	22	50.0%	1.00	32	53.1%	1.03	36	45	7	86	6	
4th	24	27	59.3%	1.30	25	32.0%	0.64	49	40	4	89	1	



Stats Report

Yankton's Opponents — 24 Games — All Athletes — Totals

Games		Four Factors						Shooting				Two Pointers		
Games	GP	eFG%	TO%	OREB%	DREB%	FTF	VPS	FGM	FGA	FG%	eFG%	2FGM	2FGA	2FG%
Overall	24	46.8%	20.8%	30.7%	73.2%	0.21	1.01	474	1,179	40.2%	46.8%	318	667	47.7%
By Period	GP	eFG%	TO%	OREB%	DREB%	FTF	VPS	FGM	FGA	FG%	eFG%	2FGM	2FGA	2FG%
1st	24	44.9%	23.0%	27.3%	76.3%	0.10	0.98	120	312	38.5%	44.9%	80	174	46.0%
2nd	24	42.8%	22.4%	32.4%	70.0%	0.22	0.94	107	291	36.8%	42.8%	72	159	45.3%
3rd	24	48.3%	20.9%	36.3%	75.8%	0.17	1.04	128	302	42.4%	48.3%	92	175	52.6%
4th	24	51.6%	16.4%	26.9%	71.2%	0.36	1.11	119	274	43.4%	51.6%	74	159	46.5%

Games		Three Pointers			Free Throws			Scoring					
Games	GP	3FGM	3FGA	3FG%	FTM	FTA	FT%	PF	PA	PPP	PPG	+/-	MINS
Overall	24	156	512	30.5%	152	245	62.0%	1,256	1,391	0.89	52.3	- 135	827
By Period	GP	3FGM	3FGA	3FG%	FTM	FTA	FT%	PF	PA	PPP	PPG	+/-	MINS
1st	24	40	138	29.0%	18	32	56.3%	298	338	0.80	12.4	- 40	209
2nd	24	35	132	26.5%	42	65	64.6%	291	330	0.82	12.1	- 39	206
3rd	24	36	127	28.3%	29	50	58.0%	321	374	0.93	13.4	- 53	212
4th	24	45	115	39.1%	63	98	64.3%	346	349	1.02	14.4	- 3	203

Games		Advanced Scoring					Rebounding			Assists and Turnovers				
Games	GP	TP	PoT	SCP	PIP	OREB	OREB%	DREB	DREB%	REB	AST	TO	A/TO	TO%
Overall	24	161	182	181	522	217	30.7%	545	73.2%	762	257	340	0.76	20.8%
By Period	GP	TP	PoT	SCP	PIP	OREB	OREB%	DREB	DREB%	REB	AST	TO	A/TO	TO%
1st	24	44	54	48	132	50	27.3%	151	76.3%	201	66	98	0.67	23.0%
2nd	24	45	45	34	120	61	32.4%	147	70.0%	208	62	93	0.67	22.4%
3rd	24	31	46	56	144	61	36.3%	116	75.8%	177	71	86	0.83	20.9%
4th	24	41	37	43	126	45	26.9%	131	71.2%	176	58	63	0.92	16.4%

Games		Inbounds Efficiency						Defense					
Games	GP	SLOB	SLOB%	PPSLOB	BLOB	BLOB%	PPBLOB	DEFL	STL	BLK	FOUL	CHG	
Overall	24	99	45.5%	0.95	118	32.2%	0.68	133	93	45	314	18	
By Period	GP	SLOB	SLOB%	PPSLOB	BLOB	BLOB%	PPBLOB	DEFL	STL	BLK	FOUL	CHG	
1st	24	14	71.4%	1.43	28	32.1%	0.61	29	32	16	78	3	
2nd	24	23	26.1%	0.52	25	28.0%	0.72	36	22	11	83	4	
3rd	24	30	43.3%	0.93	33	36.4%	0.73	33	23	11	79	9	
4th	24	32	50.0%	1.06	32	31.3%	0.66	35	16	7	74	2	



2021-22 JV Team End of the Year Stats

Overall Record: 12-8

Season Averages																			
Player	PTS	REBS	ASSISTS	STEALS	BLOCKS	2 PTM	2 PTA	2 PT %	3 PTM	3 PTA	3 PT %	FGM	FGA	FG %	FTM	FTA	FT %	TO	
LPotts	8.4	0.0	0.0	0.0	0.0	1.6	0.0	-	1.4	0.0	-	2.8	0.0	-	1.2	1.6	75.0%	0.0	
DRyken	16.5	0.0	0.0	0.0	0.0	2.6	0.0	-	2.5	0.0	-	5.1	0.0	-	3.5	4.0	86.8%	0.0	
TGilmore	3.6	0.0	0.0	0.0	0.0	1.6	0.0	-	0.0	0.0	-	1.6	0.0	-	0.5	0.9	54.5%	0.0	
JSheldon	2.9	0.0	0.0	0.0	0.0	0.9	0.0	-	0.3	0.0	-	1.2	0.0	-	0.3	0.7	50.0%	0.0	
COswald	9.0	0.0	0.0	0.0	0.0	1.7	0.0	-	0.3	0.0	-	2.0	0.0	-	4.7	5.7	82.4%	0.0	
ISchelhaas	13.4	0.0	0.0	0.0	13.4	3.6	0.0	-	1.6	0.0	-	5.0	0.0	-	1.7	2.8	61.8%	0.0	
ENess	1.9	0.0	0.0	0.0	0.0	0.4	0.0	-	0.3	0.0	-	0.8	0.0	-	0.1	0.1	50.0%	0.0	
CGrotenhuis	4.0	0.0	0.0	0.0	0.0	1.2	0.0	-	0.2	0.0	-	1.4	0.0	-	1.0	1.7	55.9%	0.0	
TProuty	0.6	0.0	0.0	0.0	0.0	0.2	0.0	-	0.0	0.0	-	0.2	0.0	-	0.2	0.3	75.0%	0.0	
MiMors	8.6	0.0	0.0	0.0	0.0	2.7	0.0	-	0.5	0.0	-	3.3	0.0	-	1.5	2.3	62.9%	0.0	
MSheldon	4.8	0.0	0.0	0.0	0.0	1.3	0.0	-	0.5	0.0	-	1.8	0.0	-	0.7	1.5	44.4%	0.0	
CNess	5.0	0.0	0.0	0.0	0.0	1.0	0.0	-	0.0	0.0	-	1.0	0.0	-	3.0	4.0	75.0%	0.0	
HTeichroew	1.0	0.0	0.0	0.0	0.0	0.3	0.0	-	0.0	0.0	-	0.3	0.0	-	0.3	0.7	50.0%	0.0	
#50	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	-	#DIV/0!	#DIV/0!	-	#DIV/0!	#DIV/0!	-	#DIV/0!	#DIV/0!	-	#DIV/0!	
#55	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	-	#DIV/0!	#DIV/0!	-	#DIV/0!	#DIV/0!	-	#DIV/0!	#DIV/0!	-	#DIV/0!	
Team Averages	57.3	0.0	0.0	0.0	0.0	13.8	0.0	-	6.6	0.0	-	20.0	0.0	-	10.0	14.5	69.2%	0.0	
Season Totals																			
Players	PTS	REBS	ASSISTS	STEALS	BLOCKS	2 PTM	2 PTA	2 PT %	3 PTM	3 PTA	3 PT %	FGM	FGA	FG %	FTM	FTA	FT %	TO	Games
LPotts	152	0	0	0	0	28	0	-	25	0	-	51	0	-	21	28	75.0%	0	18
DRyken	314	0	0	0	0	49	0	-	48	0	-	97	0	-	66	76	86.8%	0	19
TGilmore	43	0	0	0	0	19	0	-	0	0	-	19	0	-	6	11	54.5%	0	12
JSheldon	53	0	0	0	0	16	0	-	5	0	-	21	0	-	6	12	50.0%	0	18
COswald	27	0	0	0	0	5	0	-	1	0	-	6	0	-	14	17	82.4%	0	3
ISchelhaas	268	0	0	0	0	72	0	-	32	0	-	99	0	-	34	55	61.8%	0	20
ENess	35	0	0	0	0	8	0	-	6	0	-	14	0	-	1	2	50.0%	0	18
CGrotenhuis	79	0	0	0	0	24	0	-	4	0	-	28	0	-	19	34	55.9%	0	20
TProuty	9	0	0	0	0	3	0	-	0	0	-	3	0	-	3	4	75.0%	0	16
MiMors	129	0	0	0	0	41	0	-	8	0	-	49	0	-	22	35	62.9%	0	15
MSheldon	29	0	0	0	0	8	0	-	3	0	-	11	0	-	4	9	44.4%	0	6
CNess	5	0	0	0	0	1	0	-	0	0	-	1	0	-	3	4	75.0%	0	1
HTeichroew	3	0	0	0	0	1	0	-	0	0	-	1	0	-	1	2	50.0%	0	3
#50	0	0	0	0	0	0	0	-	0	0	-	0	0	-	0	0	-	0	0
#55	0	0	0	0	0	0	0	-	0	0	-	0	0	-	0	0	-	0	0
Team Totals	1146	0	0	0	0	275	0	-	132	0	-	400	0	-	200	289	69.2%	0	20

Yankton Sophomore Basketball 2021-2022 End of the Year Stats

Record: 6-12

Yankton vs. SF Washington: **W-49-29**
Yankton @ SF Lincoln: L-35-69
Yankton vs. Aberdeen Central: **W-46-41**
Yankton vs. Huron: L-53-63
Yankton @ Mitchell: L-36-52
Yankton vs. Harrisburg: L-26-49
Yankton vs. Watertown: L-40-54
Yankton vs SF O'Gorman: L- 42-59
Yankton vs. SF Jefferson: L -47-56
Yankton @ SF Roosevelt: L- 55-64
Yankton @ Brandon Valley: L- 44-54
Yankton @ Pierre: **W-64-57**
Yankton vs Rapid City Stevens: L-44-63
Yankton vs Rapid City Central: **W-55-36**
Yankton vs Tea: **W-54-34**
Yankton @ Brookings: L-41-42
Yankton @ Spearfish: L-35-47
Yankton @ Sturgis: **W-51-27**

Season Total Points:

Landon Potts: 275 points
Matthew Sheldon: 165 points
Tucker Gilmore: 107 points
Carson Ness: 84 points
Tyson Prouty: 64 points
Bryce Kral: 52 points
Easton Nelson: 37 points
Evan Serck: 23 points
Mac Grotenhuis: 12 points
Kael Garry: 7 points

2021-22 Freshment Team End of the Year Stats

Freshmen A Boys' Record: 5-11

Freshmen B Boys' Record: 8-6

9A Schedule

Yankton vs Sioux Falls Washington: 44-34 L

Yankton @ Sioux Falls Lincoln: 47-29 L

Yankton vs Aberdeen Central: 51-47 L

Yankton vs Huron: 46-33 W

Yankton @ Mitchell: 53-30 W

Yankton vs Harrisburg: 56-38 L

Yankton vs Watertown: 52-43 L

Yankton vs Sioux Falls O'Gorman: 78-59 L

Yankton vs Sioux Falls Jefferson: 45-37 L

Yankton @ Sioux Falls Roosevelt: 65-56 L

Yankton @ Brandon Valley: 50-41 L

Yankton @ Douglas: 55-40 W

Yankton @ Pierre: 54-50 L (OT)

Yankton vs Rapid City Stevens: 46-39 L

Yankton vs Rapid City Central: 58-41 W

Yankton @ Brookings: 54-63 W

9B Schedule

Yankton vs Sioux Falls Washington: 49-43 L

Yankton @ Sioux Falls Lincoln: 46-23 L

Yankton vs Aberdeen Central: 44-21 W

Yankton vs Harrisburg: 52-49 W

Yankton vs Watertown: 64-54 L

Yankton vs Sioux Falls O'Gorman: 50-47 W

Yankton vs Sioux Falls Jefferson: 58-45 L

Yankton @ Sioux Falls Roosevelt: 62-57 L

Yankton @ Brandon Valley: 50-33 L

Yankton @ Douglas: 45-40 W

Yankton @ Pierre: 56-49 W

Yankton vs Rapid City Stevens: 47-34 W

Yankton vs Rapid City Central: 57-34 W

Yankton @ Brookings: 51-41 W

Eastern South Dakota Athletic Conference

Boys Basketball All-Conference Team

2022

Rohlfs, Sam	Senior	Aberdeen Central
Voegelé, Alec	Senior	Aberdeen Central
Determan, Ethan	Junior	Harrisburg
Mehrman, Jacoby	Sophomore	Harrisburg
Hinker, Caden	Senior	Mitchell
Morgan, Steele	Junior	Mitchell
Edman, Jackson	Junior	Pierre TF Riggs
Kienholz, Lincoln	Junior	Pierre TF Riggs
Norberg, Drew	Senior	Watertown
Ryken, Rugby	Junior	Yankton

Honorable Mention

Kral, Jaden	Senior	Yankton
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ESD Team Standings

1	Mitchell	7-1
T2	YANKTON	5-3
T2	Brandon Valley	5-3
T2	Harrisburg	5-3
T2	Aberdeen	5-3
6	Pierre	4-4
7	Watertown	3-5
T8	Brookings	1-7
T8	Huron	1-7

THE YANKTON BUCK WAY ON THE FLOOR

MISSION: TO COMPETE TO WIN EACH GAME ONE POSSESSION AT A TIME.

We have talked about our overall philosophy and what our program stands for and what we want to accomplish. We have defined success; we are going to make each day our masterpiece in order to rise to our competitive peak. We have set realistic goals for our team and have trademarks in place to help lead us and keep us focused on controlling what we can control. It all goes hand in hand. As we continue to streamline our philosophy at some point we need to get to the basketball floor or, **THE YANKTON BUCK WAY ON THE FLOOR.**

Our mission is to compete to win each game one possession at a time. The game of basketball is a game of possessions. The team that wins more possessions wins the game. There is a lot that goes into winning each possession. It is an ongoing process in everything we do in order to get to the point where we are winning more possessions than our opponents. When we are on the court it is important not to think about the end results or the goals that we have set. We can't think about winning an ESD title or a state championship. We do not talk about these things on the floor. We talk about what we need to accomplish at the given time. The task at hand. That may be coaching 1st graders how to make a chest pass in summer academy or trying to stop the opposing team on the last possession in the state championship game. Either way we need to be locked into what we are doing in that moment and give that moment our 100% attention. That is the process. It all matters.

On the back of this page is a step by step approach to winning possessions. At the base is character. If you have good kids, who truly care about their teammates and care about the team more than themselves than you have a chance to be competitive. Regardless of talent. If you do not have kids of high character you will never be successful. The team will never reach its full potential. You may still have enough talent to win games but it will not be enjoyable and most likely will lead to turmoil and end in frustration. Character is the foundation of the team. The coaches must lead by example. The veterans on the team must show the younger players and be examples for them.

The next step is preparation. Our team; coaches and players, need to be prepared. As coaches it is our job to get our players prepared. We work our way up through our academy and camps into middle school and finally into high school. It is all development to get our players ready to win possessions on the varsity floor. Properly being able to perform the fundamentals of the game is vital to winning possessions. We need to teach our players how to properly play the game of basketball and demand that they play it to the best of their abilities. We must be prepared in order to win possessions.

After preparation comes performance. Confidence is earned through preparation. If we put in the work, we will be confident in being able to perform to the best of our ability. Every member of the team should be focused on doing everything they can to help us win possessions. Everyone should trust the work that has been put in and execute it on the floor. There should come a peace within from our preparation knowing that we are ready to perform at our best.

Last we have results. Quite simply the results, or in this case, the scoreboard will take care of itself. If we are following our philosophy day in and day out, we truly believe we can live with the final score. We are all competitive and we all want to win every game, but winning every game is not always totally in our control. We truly believe that the scoreboard will take care of itself and we will win our share of games if we follow what we believe in. Winning will be a by-product of the program.

BUCK BASKETBALL

“Aiming For Goals Higher Than 10 Feet”

Before-During-After Games

Home Games: Game dress during the school day. Arrive at gym at least an hour before we are scheduled to play. Wear travel gear in the gym when not in uniform. If shooting around be in game shorts and game warm up.

Road Games: Wear game dress during school unless otherwise noted by coaches. Wear travel gear on the bus. Have all work made up and be on the bus at load time. Double check to make sure you have everything (Jersey, warm up, shoes, etc). Bus ride should be quiet. Prepare yourself mentally for the game. Read over your scouting report and watch game film.

Exit the Bus: Always pick up trash, bus should be clean
Tell the bus driver “Thank you”

Prior to Game: Sit together when your game is not going on. Pay attention and cheer on your teammates. Never react to the officials or the other team.
Run out of locker room to take floor before game and half time (one of my pet peeves is when teams walk out) Get a good warm-up. Be intense and talking. Talking will get you ready to play.

During Game: Jersey will be tucked in at all times.

- If a teammate makes a hustle play, sprint over and help them up.
- Positive leadership, coaches will do correcting, you just be encouraging.
- Positive body language (no eye rolls, clown faces, or shoulder shrugs will be tolerated).
- Raise hand when you foul.
- When exiting the game, sprint off the floor, slap five with teammate and tell them who you are guarding.
- Sit in the seat closest to the coaches for any feedback.
- Look coaches in the eye when they talk to you...Be coachable.
- Be active and engaged on the bench.
- Huddle during timeouts. Pay attention to what coaches are saying. EYE CONTACT
- Have water and towels ready for subs and for timeouts.

After Game: Shake hands and show great sportsmanship whether we win or lose.

- Pick up the bench area. No cups/warm ups/towels/etc...
- Do not start undressing until after coaches have spoken to you.
- Locker room should be clean – no tape, clothes, trash, etc...
- Shower and get your clothes on before leaving the locker room.

Represent the community of Yankton, Yankton High School, Bucks Basketball, Your Family, and Yourself in the most positive way possible.

Yankton Buck Basketball Trademarks

-most taken from Don Meyer NSU Wolves Men's basketball

1. TEAM ATTITUDE (WE BEFORE ME)

Love For Each Other Unselfish
Trustworthy Huddles
Clean Locker Room Help Teammates Up
Disciplined Sprint Off Floor
Coachable Know Roles

2. SERVANTHOOD/STEWARDSHIP

Polite Picking Up Trash
Sportsmanship Respect For The Game/Opponents Doing The Next
Thing Right Reading In Elementary Schools

3. TOUGHNESS

Dive On Floor Always In A Stance
Take A Charge Block Out Every time
Play When Tired Deflections
Ball Sureness Talk

4. FUNDAMENTALS

DEFENSE OFFENSE
Stance/Vision/Position/Talk Sureness
Ball Pressure Triple Threat
On The Line Up The Line Shot Selection
Close-outs-High Hands Spacing

5. STUDENTS/TEACHERS OF THE GAME

Notebooks Teaching In Practice
Camp Young Bucks
Active & Teaching Bench Ball Boys

6. COMMUNICATION

Talk Honest
Friendships Leadership

7. CONSTANT IMPROVEMENT

Sense Of Urgency Attention To Detail
Mindset-Buying In To Program Off-Season Work
Weight Room Warm-Ups

Buck Basketball

“Control the Controllables”

“Focus all your effort on what is in your ability to control.” -John Wooden

Things Within Your Control (the “Controllables”)

- Attitude (positive thoughts and visualization + focused practice = Optimal Performance)
- Effort (blue-collar, “farmer’s work ethic”)
- Preparation (“luck is what happens when preparation meets opportunity”)
- Energy/Hustle (“it takes no talent to hustle”) -Approach/Focus/Mindset (“compete in the present moment,” proactive vs. reactive) -How you Respond to Failure (resolve, body language, “get comfortable with being uncomfortable”)

Things Out of Your Control

- Opponent (ranked #1 or #101)
- Performance of Opponent (do not let the scoreboard determine the way you play...compete)
- Calls From Officials (“control your emotions or they will control you”)
- Where you Play (no excuses)
- Critics (do not let an “outsider” negatively influence you)
- Injuries (for injuries that cannot be prevented or avoided, focus on what you can control to heal and recover)

“You cannot control what happens to you, but you can control how you respond to what happens to you.” -Viktor Frankl

YHS BUCK BASKETBALL

R 1 S E

The rise upwards can be difficult, surely setbacks will occur, but resiliency, sacrifice and effort will lead you to the top.

We started the slogan R1SE because we wanted our program to have championship aspirations. We felt this mindset was needed. With not having won a state boys basketball championship since 1978 and only one Eastern South Dakota Conference title since 1978 it was clear a shift in culture was needed. We came up with R1SE because it was clear, neat and to the point. We replaced the I in rise with the number 1 to signify where we wanted to go. That was to the top of the state and conference. Thus we wanted to rise to number 1. We chose Resiliency for R because continuing to stay the course no matter the circumstances was crucial to us not only when looking from season to season but also during the season. Every championship team has a point in the season that they look back on as a turning point. A team needs great resiliency to get over hurdles during a season in order to rise to being champions. We chose Sacrifice for S. All championship teams have everyone on the team who sacrifice for the good of the team. Everyone in the program must be willing to put the team first. No one is bigger than the team or program. No coach, no player, no manager, no parent, NO ONE. It has to be about the TEAM. Lastly, we chose Effort for E. Championships are won day in and day out by putting in the work. There is no trick, no easy fix, no magical play. Championships are won by everyone in the program giving their best effort every day.

R Resiliency

1 ESD-STATE

S Sacrifice-WE over ME

E Effort-Everyday Give Your Best

Yankton Buck Basketball



Offensive Philosophy: Fundamentals are a must. No offense will work without the proper execution of fundamentals (see Yankton Buck Basketball Program Fundamentals.) Our goal is to teach our players how to play the game and let them have freedom to go make plays. We want to get a great shot through proper execution every time we have possession of the basketball. We always want to play inside out and put pressure on our opponent's basket. Attacking the paint by getting post touches, dribble penetration, cuts, screens and offensive rebounds will allow us to shoot a high percentage, get to the free throw line and get into the bonus. Executing our 10 main offensive principals will allow us to get great shots no matter what offense we are running and no matter what defense we are attacking.

Offensive Principals

- 1. Transition:** Attack the basket! Always throw the ball ahead if a teammate is open. First post sprints to the front of the rim. Center the basketball and get wings on each side of the floor. See who can throw the ball into the post.
- 2. Roles:** Everyone brings something to the table. Everyone needs to find and embrace their role on the offensive end. Whether it is a playmaker, scorer, shooter, slasher, screener, combination of one or all these roles. Understanding and executing our roles is mandatory to effective offensive play.
- 3. Spacing:** Offense is spacing. Spacing is offense.
- 4. Ball Movement-Player Movement-Ball Reversals:** Get to the 3rd and 4th side of the floor. Get the defense moving, make the defense guard. Shooting percentages skyrocket when the ball is reversed multiple times. Pass the ball to the open man.
- 5. Recognition:** What are we in-what are they in? Take what the defense gives us-how are we being guarded-do we have mismatches. We must be able to recognize what the defense is in and immediately be organized and attacking.
- 6. Attack:** Attack the basket with great tempo and pace. Be quick but don't hurry. We want to play as fast as we can while still executing our fundamentals properly. Getting open with or without the ball requires constant change of speed and direction.
- 7. Shot Selection:** We want to get the shot "WE" want, not an "I" shot or a shot the opponent dictates. Our offense is not equal. We all need to understand the shots we want being taken by each player-and not taken! Attacking the paint will create open shots!
- 8. Time & Score:** Know the game situation and execute accordingly. There comes a time in the game we want a shot that we CANT miss not a shot that we can make. The correct player or players need the ball in the correct situations. We all must know who and when this is, especially when closing out a game.
- 9. Possessions/Shots:** We want more possessions/shots at the basket than our opponents. Offensively to accomplish this we need to take care of the basketball, get shots and get offensive rebounds on our missed shots. We want to make more free throws than our opponents attempt.
- 10. Chemistry:** Five guys on the same page playing together is the hardest thing in basketball to defend. It is amazing what can be accomplished when no one cares who gets the credit.

*"IT IS AMAZING WHAT CAN BE ACCOMPLISHED WHEN NO ONE CARES WHO GETS THE CREDIT."
-DON MEYER NSU WOLVES BASKETBALL*

Yankton Buck Basketball



Defensive Philosophy: Fundamentals are a must. No defense will work without the proper execution of fundamentals (see Yankton Buck Basketball Program Fundamentals.) We play an aggressive attacking defensive. Our goal is to force 1 bad shot and get the rebound. Our players use their heart, mind, and proper technique to execute our 10 defensive principals. These principals allow us to mix up defenses and keep the opponent off balance and on their heels.

Defensive Principals

1. **Transition:** Protect basket. Stop ball. Match-Up. Sprint back-Get to ball level-On the line up the line.
2. **Stance:** Your man has ball=Ball-You-Basket. Your man doesn't have ball=Ball-You-Man (point pistols). 1 Pass Away=Deny Position (Lead leg and arm up towards the ball). 2 or more passes away=Help Position (Midline). Butt down-Back straight-Knees bent-Head & eyes up-Arms out palms up.
3. **Pressure the ball:** Put as much pressure on the ball as possible without getting beat. No middle-Force sideline and baseline but don't give it up. Closeout hard under control. Deflections. Defend without fouling. Fouling negates hustle.
4. **Jump (Run) to the ball:** Run to the ball on every pass. Anticipate the pass-Move when ball is in the air.
5. **Help:** Ball side. Be active early-discourage offense from attacking. Bluff and Recover. Don't give up a catch and shoot 3. Dig/help on post entry.
Weak side. Help outside the lane-wall up-put in jail. Middle help on post.
6. **Rotations:** Help the helper. Sink backside to baseline-zone up. Talk and Go-closest to ball takes it everyone else rotate and match up.
7. **Screens:** Guard man off the ball. Stay towards the ball and defeat screen using proper technique depending on what screen is being set. Be physical and aggressive and beat your man over the screen. Defender guarding screener needs to stay towards the ball and provide help-protect the basket first.
8. **Ball Screens:** 1. Hard show and recover-guard over the top on all wing ball screens. 2. Level off and recover-guard over the top on middle ball screens.
9. **Post Defense:** Early pick up. $\frac{3}{4}$ front. Scoot steps-jump to ball-block cuts. Get off body-make offense score over you-take away baseline move. Double Team.
10. **Rebound:** 5 guys on defense. 4 guys on offense. Step to man-make contact-go get ball. Man on perimeter step to man-look to make contact-go get ball.

“WE MUST ACT LIKE CHAMPIONS EVERYDAY IF WE WISH TO BE CHAMPIONS SOMEDAY.”

Yankton Buck Basketball Program Fundamentals

These fundamentals are the backbone of our play. All players in the program need to be able to properly execute these fundamentals.

1. Teach Them At All Levels

2. Reinforce Them Throughout The Season

Offense

1. Stance: Triple threat looking at the basket.
2. Dribbling: Both hands-ball down-head up.
3. Catch-catch the ball in the air-squared up to the basket or turn and face the basket.
4. Fakes-Foot fakes-ball fakes (shot and pass) quick short hard fakes. (Keep ball off your head)
5. Direct Drive or Cross Over Step
6. Two Foot Jump Stops
7. Pass and Catch with Two Hands
8. Screen Low and Wide-Proper Set Up-Come Off Shoulder to Hip-Low and Quick
9. Post-Wide>Create Angles-Foot War-90 Degree Arm Bar With Fist
10. Shooting-Hands and Feet Ready-Call For Ball-Balance and Follow Through

Defense

1. Stance: Feet outside shoulders-Butt down-back straight-Arms out-hands up
2. Your Man Has It-Ball You Basket-Call Ball
3. Your Man Doesn't Have It-Ball You Man
4. Push Steps-feet never come closer than shoulder width apart
5. Keep the ball out of the middle-Force sideline and baseline without giving it up
6. Closeout-sprint 2/3rds-breakdown top leg-high hands take away shot-no middle drive
7. One pass away-Deny-On the line up the line-Bluff and Recover technique.
8. Two or More Passes Away-Help-midline-point pistols.
9. Help and Recover-Quick Help Outside the lane-Drop and Rotate.
10. Rebound-Hit can Get.

Transition

1. Ball In Middle-Any Ball Handler Can Lead The Break
 2. Sprint the Wings-Stay Wide-Cross if Early**Always Pass the Ball Ahead If Open
 3. 1st Post Run to Rim-Ball Side Block
 4. 2nd Post Trail-Top Of Key
 5. Attack Basket: 1. Penetration 2. Post Entry 3. Skip Pass
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1. Defensive Balance: Safety Back-4 Go To Offensive Glass
 2. Call Ball-Stop Ball-Regardless of who's man it is-must stop the ball-Do Not Reach-Move Feet
 3. Sprint to Ball Level-If you are not level with the ball sprint to get there
 4. Find Shooters-Match Up-Not worried about mismatches-make sure all 5 guys are guarded
 5. Get Towards the ball-Ball side-on the line up the line-stop penetration-Help side-midline